


# LAP POOL

Effective 8/25/11

## West River Community Center Swim Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30 AM	Lap/Open Swim (5:30 am-12:00 pm) 					CLOSED	CLOSED	5:30 AM
6:00 AM								6:00 AM
6:30 AM								6:30 AM
7:00 AM								7:00 AM
7:30 AM								7:30 AM
8:00 AM								8:00 AM
8:30 AM								8:30 AM
9:00 AM								9:00 AM
9:30 AM								9:30 AM
10:00 AM								10:00 AM
10:30 AM								10:30 AM
11:00 AM								11:00 AM
11:30 AM								11:30 AM
12:00 PM	Lap Swim Only (12:00-1:30 pm)					Open/Lap Swim (8:00 am-4:30 pm)	Open/Lap Swim (12:00-4:30 pm)	12:00 PM
12:30 PM	12:30 PM							
1:00 PM	1:00 PM							
1:30 PM	1:30 PM							
2:00 PM	2:00 PM							
2:30 PM	2:30 PM							
3:00 PM	3:00 PM							
3:30 PM	3:30 PM							
4:00 PM	4:00 PM							
4:30 PM	4:30 PM							
5:00 PM	5:00 PM							
5:30 PM	5:30 PM							
6:00 PM	6:00 PM							
6:30 PM	6:30 PM							
7:00 PM	7:00 PM							
7:30 PM	7:30 PM							
8:00 PM	8:00 PM							
8:30 PM	8:30 PM							
9:00 PM	9:00 PM							
9:30 PM	9:30 PM							

Lap Swim Only (12:00-1:30 pm)

Open/Lap Swim (1:30-5:30 pm)

Dickinson Dolphins Swim Practices (4:00-6:00 pm)  
\*Starting November 14th

Open/Lap Swim (6:00-9:00 pm)  
\*Check Group Fitness Schedule for Water Aerobics.

**NO OPEN SWIM for Aquatic Lessons (5:30-6:45 pm) Monday- Thursday Sept 12-Oct 13, 2011 Nov 9-Dec 15, 2011 Jan 30-Mar 1, 2012 Mar 19-Apr 19, 2012 \*Lanes will be available for Lap Swim.**

\*Schedule is subject to change.  
\* Watch postings for Swimming Lesson dates and times